THE COMPLETE GUIDE TO A CAREER IN NURSING



EVERYTHING YOU NEED TO KNOW ABOUT A CAREER IN THE NURSING FIELD

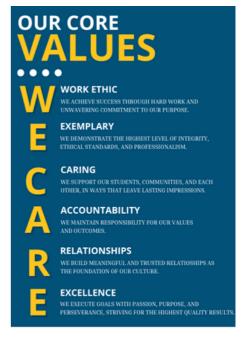


ABOUT EAST OHIO COLLEGE

East Ohio College, formerly known as Ohio Valley College of Technology, was founded in 1886 to provide quality education and job training to those in East Liverpool, OH, and surrounding areas. In 2022, East Ohio developed an online delivery method for several programs to help students in Ohio, West Virginia, and Pennsylvania balance family, work, and college.

In addition, East Ohio students can expect caring and knowledgeable instructors who uphold our core values, WE CARE, and our purpose.







WHAT IS A REGISTERED NURSE?

Nurses are vital members of any healthcare team. In many cases, Registered Nurses are one of the patient's primary contacts in a medical facility. The job duties of RNs can vary between managerial tasks and direct patient care.

Nursing could be a great career option for those looking to work in a career that can directly and positively impact the patient's experience in a healthcare facility. Registered Nurses work closely with doctors and other healthcare team members to implement care plans and maintain excellent bedside care to help provide patients with a positive experience.

According to the <u>Bureau of Labor Statistics</u>, as of 2021, approximately 129,270 Registered Nurses working in Ohio. Based on Ohio's population, there are between 10-12 nurses per 1,000 Ohioans.



THE NURSING SHORTAGE IN OHIO

While the nursing field is a rapidly-growing industry, there is still a shortfall of nurses across the country. According to The American Nurses Association, the lasting effects of the COVID-19 pandemic have intensified the need for new nurses. Many factors have contributed to the shortage of nurses across America, including the aging population of patients and current nurses. As the Baby Boomer Generation ages, the need for patient care is expected to grow.

Another impact on the workforce due to the pandemic is burnout in nursing. As frontline workers, many nurses experience prolonged periods of stress, which can lead to a high turnover rate in some situations. A study by McKinsey & Company showed that up to 22% of nurses have considered leaving the nursing profession due to burnout.



HOW EAST OHIO IS HELPING

By offering those interested in starting a nursing career the option to obtain an associate degree in nursing in less than two years, East Ohio College allows future nurses to learn the skills and knowledge needed to start their careers and enter the workforce quickly. As part of the curriculum in the nursing training program, students will partake in clinical experiences that help them establish relationships with local hospitals in preparation for entering the workforce.



EAST OHIO COLLEGE NURSES

- Spend Less Time In School
- Gain Hands-On Experience
- Enter The Workforce Faster
- Build Connections With Employers



FIRST STEPS TO BECOMING A REGISTERED NURSE

Once deciding to pursue a career in healthcare as a Registered Nurse, prospective students begin researching schools that offer programs that fulfill education requirements for licensing in Ohio. Registered Nurses must complete an approved program that aligns with standards set by the Ohio Board of Nursing.

According to rule 4723-5-13, RN programs must contain at least thirty weeks each year or fifty-two weeks of clinical coursework for accelerated programs. In addition, it is

Before beginning nursing school, students must also obtain a high school diploma or GED.

recommended that the program should provide

preparation for the NCLEX-RN* exam.

An admissions team member at East Ohio College will outline the application process in detail. One of the first steps is to take the Test of Essential Academic Skills (TEAS) exam.



TEST OF ESSENTIAL ACADEMIC SKILLS (TEAS)

The Test of Essential Academic Skills (TEAS) exam is designed by <u>Assessment Technologies Institute (ATI)</u> to evaluate a student's preparedness to enter a health science field.

The TEAS test consists of material from the following subjects: Reading, Mathematics, Science, and English and Language Usage. Students are given three hours and twenty-nine minutes to complete a series of 170 multiple-choice, multiple-select, fill-in-the-blank, ordered responses, or hot spot questions.

Prospective students planning to take the TEAS exam for entrance to the Registered Nursing program at East Ohio College have access to materials to help them study. ATI recommends that students prepare for the exam for at least six weeks before taking it, so beginning the process early can help you be successful.



ONLINE TEAS PREP COURSE

Incoming students seeking additional preparation for the TEAS exam can enter our online, self-guided preparation course offered at East Ohio College through an agreement with WVJC Online.

This 4-week TEAS preparation course will provide students with online lectures, assignments, quizzes, and virtual study sessions with an instructor.

Students taking the TEAS exam for the first time at East Ohio College will pay a \$35 exam fee and sit for the exam, your admissions team member can review your areas of deficiency and set you up to go through the course in those areas. Once completing the preparation course and attending at least one study session, students can take the exam for entry to the Nursing program at no additional cost. For further information about this TEAS preparation course, <u>request information</u> to speak to the East Ohio nursing admissions team.



NCLEX-RN EXAM

The <u>National Council Licensure Examination for</u>
<u>Registered Nurs</u>es (NCLEX-RN)* exam is the industrypassing standard test that reflects a nurse's ability to
work in the field safely and competently. As the industry
evolves and best practices change, the <u>NCSBN</u> Board of
Directors reviews the exam every three years and makes
necessary changes to ensure the exam is up to date.

The East Ohio College Nursing program includes important preparation for the NCLEX-RN exam, but students can also access online study methods.

The NCLEX exam is a high-level exam that requires critical thinking and decision-making skills to analyze and answer situation-based questions. The test is divided into four sections based on client needs: Safe and Effective Care Environment, Health Promotion And Maintenance, Psychosocial Integrity, and Physiological Integrity.



NCLEX-RN EXAM

The NCLEX exam uses <u>computerized adaptive testing</u> (<u>CAT</u>) to administer the exam. Using CAT, the computer can evaluate the testee by their ability to answer the questions accurately. This allows each exam to be individualized to determine true ability.

The test is graded on a pass-or-fail system determined by one of the following three rules. Learn more about how these rules operate by clicking each box.

The 95% Confidence Rule

The Maximum-Length Rule

The Run-Out-Of-Time Rule



TIPS FOR STUDYING

Studying for these exams can be a process that can span for weeks. By <u>determining what learning tools</u> can help you retain information and maximize your time, you can be better prepared to take standardized exams such as the TEAS test or NCLEX exam.

There are various strategies that can help each learning type when studying that benefit their specific needs.

VISUAL LEARNER

Benefits from having visual aids to plan tasks.

Helpful tools:

- Planners
- Calendars
- Color Coding



KINESTHETIC LEARNER

Benefits from being able to physically touch and move.

Helpful tools:

- Sticky Notes
- Diagrams
- Movement



AUDITORY LEARNER

Benefits from hearing and speaking out loud.

Helpful tools:

- Voice Memos
- Background Music
- Study Groups





ACCREDITATION AND LICENSING

East Ohio College is institutionally accredited by the <u>Accrediting Bureau of Health Education Schools (ABHES)</u> to award associate degrees and diplomas. ABHES is a national accrediting agency recognized by the US Department of Education.

East Ohio is approved and programs are authorized by the Ohio State Board of Career Colleges and Schools, - Registration Number 1555B.

The East Ohio College School of Nursing Associate Degree in Nursing has been granted Full Approval by the <u>Ohio Board of Nursing</u>.

East Ohio College offers some programs that are approved by the State Approving Agency for students to use veterans' benefits.



YOUR EDUCATION

Students will utilize the nursing process to provide safe and effective care by applying scientific nursing principles and will be prepared to function as healthcare team members by exercising sound nursing judgment, critical thinking, and competent care for patients.

Students in the Nursing program at East Ohio College will complete instruction and clinical experiences in gerontological, medical, surgical, obstetric, and pediatric nursing.

During their time at East Ohio College, nursing students can expect to take the listed nursing courses and also be prepared to sit for the NCLEX-RN* exam.

Nursing Courses

Student Success Strategies Anatomy and Physiology I/Lab **English Composition** Anatomy and Physiology II/Lab Fundamentals of Nursing I/Lab Math for Health Professionals Anatomy and Physiology III/Lab Fundamentals of Nursing II/Lab/Clinical Nursing Care of the Client I/Clinical Pharmacology I/Lab **Nutrition and Diet Therapy** Pharmacology II **Human Growth and Development** Nursing Care of the Client II/Clinical Introduction to Microbiology/Lab Nursing Care of the Client III/Clinical Women's Health Nursing/Lab/Clinical Child Health Nursing/Lab/Clinical Psychology Nursing Care of the Client IV/Clinical Nursing Care of the Client V/Clinical Community Nursing/Lab Critical Care Nursing/Lab/Clinical **Graduate Nursing Preparation** Professional Development & Leadership in Nursing/Preceptorship



OUR PROCESS

East Ohio College can provide quality education, training, and preparation for nursing students using our five-step process.





REGISTERED NURSING AND BEYOND

Because nursing is a rapidly-growing industry, the career path options for nurses who complete the necessary schooling are plentiful. Students who obtain an Associate Degree in Nursing have the ability to enter the field immediately upon passing the NCLEX-RN* exam and begin working as a nurse, or they can choose to continue their education by earning a Bachelor of Science in Nursing degree.

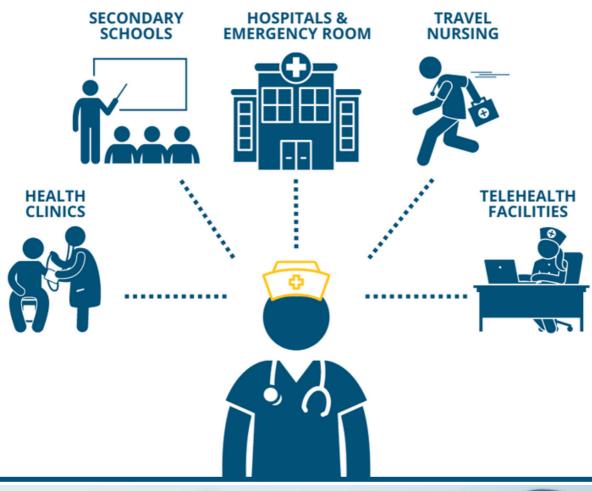
East Ohio College and OVCT alums have access to WVJC Online's 12-month RN to BSN program, which may expand their career, financial situation, and autonomy.

Completing this extra schooling provides these nurses with additional career opportunities, such as becoming a nursing instructor, advancing to a nurse practitioner and beyond, or taking on leadership roles within medical facilities.



WHERE CAN A REGISTERED NURSE WORK?

The skills RNs learn in their education make them valuable team members in many medical facilities, including public and private health clinics, secondary schools, hospitals and emergency rooms, travel nursing, telehealth facilities, and more.







BENEFITS OF OUR PROGRAM

At East Ohio College, the student experience is our top priority. We understand that students need to balance family, work, and school. Below are a few of the advantages of your East Ohio nursing journey.

Direct Admission

East Ohio employs a <u>direct admission</u> policy, meaning students may save time and money by not taking unnecessary classes or taking classes to find out later they are not accepted into the Nursing program.

Career and Student Services

At East Ohio College, students have access to <u>support</u> <u>services</u>, including academic, personal, and career, to discuss their goals and how to achieve them. East Ohio and OVCT Alumni are also eligible for career management support and refresher courses as their industry evolves.



BENEFITS OF OUR PROGRAM

Hands-On Training and Clinical Experiences

East Ohio College students have the opportunity to learn fundamental skills during lectures, then apply hands-on skills during clinical rotations at local area medical facilities where they will work with actual patients in a real-world environment. At the end of the Nursing program, students will be prepared to sit for the NCLEX-RN* licensure exam.

Accelerated Training

As a result of our direct admission program, students are able to complete their training in only 18 months.

Accelerated training allows students to learn the necessary nursing skills, prepare to sit for the NCLEX-RN* exam, and enter the workforce quickly, rather than spending 4-6 years taking courses at a traditional school.



FREQUENTLY ASKED QUESTIONS

Q: How long does it take to become a Registered Nurse?

A: Students attending an associate degree in registered nursing program in Ohio are able to complete their training in two years or less. East Ohio's Nursing program students are able to complete their training in 18 months.

Q: What does a Registered Nurse do?

A: Registered Nurses have a variety of job duties, including but not limited to direct-patient care, nursing management, and collaborating with doctors and other healthcare team members to implement patient care plans.

Q: Where do Registered Nurses work?

A: Registered Nurses can work in various healthcare facilities, including but not limited to public and private clinics, secondary schools, hospitals, emergency room, travel nursing agencies, and at telehealth facilities.

Do you still have questions?
Click here to contact an admissions team member!



WHY CHOOSE EAST OHIO COLLEGE?

At East Ohio College, we are committed to helping our students be successful in their new careers.

Check out what these students and graduates say about their journey at East Ohio College!

"The Nursing program is wonderful and they have the best NCLEX pass rate in the area."

-Leslee, East Ohio College Graduate

"East Ohio College is a wonderful school! The programs they offer make it super easy to earn a degree fast."

-Becky, East Ohio College Student

"The teachers here are absolutely the best because they make sure you have everything you need inside and outside of the classroom."

-Allyson, East Ohio College Student

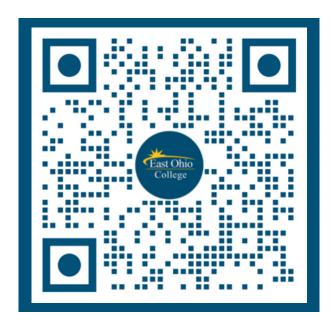




START YOUR JOURNEY TO BECOME AN RN!

Registered Nurses* are essential healthcare team members, and East Ohio College is here to help you take the next step to start a respected and valued career.

Are you prepared to begin your education with East Ohio as a nursing student? Our admissions team is ready to help you get started. Take the first step by calling (330)-385-1070 or <u>requesting information</u>.



STAY CONNECTED BY FOLLOWING US:



